

## THE TWELVE TRADITIONS

1. Our common welfare should come first, personal recovery depends on A.C.A. unity.
2. For our group purpose there is but one ultimate authority, a loving God as may be expressed in our group conscience. Our leaders are but trusted servants, they do not govern.
3. The only requirement for A.C.A. membership is a compulsive family background and a desire to become well emotionally.
4. Each group should be autonomous except in matters affecting other groups or A.C.A. as a whole.
5. Each group has but one primary purpose--to carry its message to those who still suffer.
6. An A.C.A. group ought never endorse, finance or lend the A.C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose. Although a separate entity, we should always cooperate with other anonymous Twelve Step Programs.
7. Every A.C.A. group ought to be fully self-supporting, declining outside contributions.
8. Adult Children should remain forever non-professional, but our service centres may employ special workers.
9. A.C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Adult Children has no opinion on outside issues, hence the A.C.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion, we need always maintain personal anonymity at the level of press, radio and films. We need guard with special care the anonymity of all members of all Anonymous Twelve Step Programs.
12. Anonymity is the spiritual foundation of our traditions, ever reminding us to place principles before personalities.